Week 1 WHAT'S ON THE MENU

FOOD WORKS DONCASTER

Week Commencing: 02/11/26, 23/11/26, 14/12/26, 18/01/27, 08/02/27, 08/03/27

Autumn/Winter 2026/27



Choose a WINTER WARMING dish to keep ENERGY UP for afternoon lessons



Remember to KEEP HYDRATED in winter, don't forget to drink because it is COLD



Eat foods with VITAMIN C in the winter to BOOST YOUR SYSTEM



Your body needs more ENERGY to keep warm, fill up on PASTA, RICE and POTATOES with your meal

	Main	Pudding
Monday	Garlic Slice Pizza **(GLUTEN MILK SOYA)** Potato Smiles Garden Peas & Sweetcorn Tomato Focaccia **(GLUTEN EGGS MILK)**	Rhubarb & Custard Cake **(GLUTEN EGG MILK)** or Fresh Fruit
Tuesday	Chicken Cobbler **(GLUTEN)** Herby Diced Potatoes **(SULPHUR DIOXIDE)** Medley of Vegetables **(SULPHUR DIOXIDE)** Crusty Bread **(GLUTEN SESAME)**	Banana & Chocolate Muffin **(GLUTEN EGG)** or Yoghurt **(MILK)** or Fresh Fruit
Wednesday	Sausage Yorkshire Pudding & Gravy **(GLUTEN EGGS MILK SOYA SULPHUR DIOXIDE)** Mashed Potatoes **(SULPHUR DIOXIDE)** Carrot Batons **(SULPHUR DIOXIDE)** & Cabbage Herby Bread **(GLUTEN EGGS MILK SOYA)**	Apple Flapjack or Yoghurt **(MILK)** or Fresh Fruit
Thursday	Spaghetti Bolognaise **(GLUTEN MUSTARD SOYA)** Tomato, Cucumber & Peppers Homemade Garlic Bread **(GLUTEN EGGS MILK SOYA)**	Homemade Digestive Biscuit, Cheese & Apple **(GLUTEN MILK)** or Fresh Fruit
Friday	Battered Fish **(SOYA GLUTEN FISH)** Chipped Potatoes Garden Peas Sliced Bread **(GLUTEN SOYA)**	Yorkshire Parkin **(GLUTEN EGGS MILK SULPHUR DIOXIDE)** with Custard **(MILK)** or Fresh Fruit

SPECIALITY AND VEGETARIAN CHOICES ARE PROVIDED IN ALL SCHOOLS

Please ask for allergen and intolerance information
We are unable to guarantee a completely food allergen free environment as foods containing allergens are used in our kitchens

City of Doncaster Council